

Kent Street

activity centre

"Kent Street isn't just about doing things, it's about getting to know people and having lots of fun."

Gayle – 66 / Computer Club, Table Tennis, Keep Fit 55+, Stretch & Strength participant

For over eight years, Gayle has 'tried on' an amazing variety of activities to find just the right combination to enjoy retirement in tip-top shape: Computer Club for brain power, Table Tennis for a competitive edge, fitness for her ticker, and a good limbering up to fuel those power walks on the beach and up White Rock's "killer hill"!

Find your
perfect fit at
Kent Street





As a White Rock Leisure Services 55+ Member, you can...

- Participate in a variety of clubs and activities all year round
- Use the Kent Street Centre lending library
- Enjoy a healthy lifestyle
- Receive the Member rate (M) on programs and excursions

2010 White Rock Leisure Services 55+ Membership

\$30

How do you join?

Activity Groups are open to adults 55+ with Membership.

In person: Register and pick up your Membership card at Kent St. Centre, 1475 Kent Street, White Rock

Phone: Credit card payment accepted. Come in to the Centre to pick up your membership card on your first visit.

Call 604-541-2231

Each Activity Group collects an additional participation fee

Listing of Activity Groups –

Find us online at webreg.city.whiterock.bc.ca

Card Games:

Contract Bridge

Tuesday 1-3:30 pm
White Rock Community Centre
Sunday 1-4 pm
Kent Street Classroom

Partners Contract Bridge

Friday 7-9:30 pm
C.P.L.C.-Hall

Duplicate Bridge (unsanctioned)

Wednesday 1-4 pm
C.P.L.C.-Hall

Fun Bridge

Wednesday 1-3 pm
Kent Street Classroom

Cribbage & Bid Whist

Thursday 1-3:15 pm
Kent Street Auditorium

Arts & Crafts:

Peninsula Woodcarvers

Tuesday 7-9 pm
Earl Marriott School Woodshop

Stitch & Chat

Friday 1-3 pm
Kent Street Classroom

Active Living:

Snooker

The Snooker Room is open during Centre operating hours. Women only Tuesday 9 am-12 pm

Keep Well Gentle Exercise

Monday 9:45-10:30 am
Kent Street Auditorium

Table Tennis

Monday 4-6 pm
Wednesday 2:45-4:15 pm
Saturday 10 am-1 pm
Kent Street Auditorium

General Interest:

Bingo

Tuesday 1-3 pm
Kent Street Auditorium

Carpet Bowling

Wednesday & Friday 10 am-12 pm
Kent Street Auditorium

Computer Club

Wednesday 12:30-2:30 pm
Kent Street Auditorium

Spanish Conversation Group

Thursday 10-11 am
Kent Street Library

Dining Club

4th Tuesday of the month.
Call 604-541-2231 for details

Mah Jong

Wednesday & Thursday
2:30-4:30 pm
Kent Street Coffee Shop

Did you know you can
come three times as a guest
before taking out a membership?
Ask for your Guest Pass
on your first visit.

Kent Street

Activity Centre - 1475 Kent Street
604-541-2231

Customer Service Hours:

Monday – Friday 8:30 am – 4:30 pm • Saturday 9:00 am – 1:00 pm
CLOSED Sundays and statutory holidays.

Dance & Music:

Kent Street Centre Dances

Wednesday 7:30-10:30 pm
\$5/♫\$4

Dinner Dances at Kent Street

3rd Saturday of the month
6:15-11 pm
\$18/♫\$16

Kent Street Choristers

Tuesday 9-11 am
Kent Street Auditorium

Sing Along

Tuesday 2-3:30 pm
Kent Street Classroom

Services for Seniors:

Services are open to all adults 55+
Membership is NOT required.

Blood Pressure Monitoring

3rd Monday of the month
10:30 am at Kent Street Centre
4th Monday of the month
10:00 am at C.P.L.C.-Boardroom

Legal Advice

Local lawyer Al Benson will help
seniors 55+ on LOW INCOME
with legal queries and problems.
1st Wed of the month 9:30 am

Hearing Test Clinics

Call the Centre for dates.

Personal Counseling

Senior citizens' counselor Joyce
Schmalz is available to help sen-
iors with application forms for
OAS, GIS, Spouse's Allowance
and SAFER. She can also inform
you of benefits such as BC Medi-
cal, Pharmacare, bus passes,
housing & veterans affairs. Drop-
in, no appointment necessary.
Mondays 10-11:30 am
Kent Street Activity Centre

Special Events:

Cribbage Tournaments

4th Friday of each month
12:45-4 pm \$3

Fresh & Lively Luncheons

Advance reservations only.
604-541-2231
1st three Fridays each month
12:30-2:30 pm \$7
Kent Street Activity Centre

Plan a visit to the

Kent Street Coffee Shop

(upstairs at 1475 Kent Street)

**Soups, sandwiches
and fresh baked goods!**

Open
9am - 2:30pm
Mon. - Fri.



Watch for these upcoming events!

February

- New Member Social
- Open House Week

April

- KSSS Plant Sale
- Volunteer Appreciation Event